

- I need to say sorry to my not Russian-speaking colleagues - 'cause test was in Russian and I didn't dare to translate it (it needs to be very psychologically and verbally precise to be valid)
- ...and to say THANK YOU for everyone who took his/her time to fill, collect, distribute this test:~)!

- I spent more than half of the night processing your tests:-) - and have smth to say
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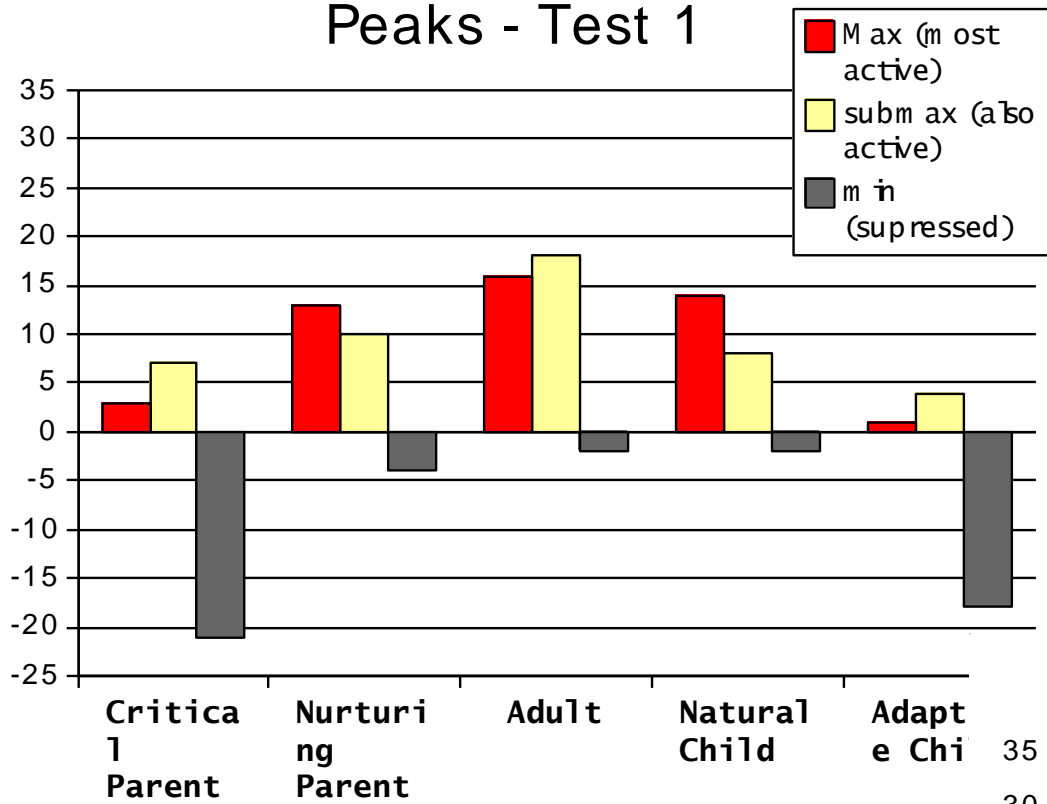
- This test reflects «ego state profile» of a person – i.e. points out how much is each ego state present in real life, how is it active, how does the person manifest it
- This test cannot be diagnostical, 'cause there is no «good» ego state and no «ideal» ego state profile
- But it can be symptomatic, a reason to think about

- My first hypotheses that Critical Parent will **strictly** dominate over Adult in Risk Manager's ego-profile wasn't proven -
- But the logic of results is very close to that: interaction with Trader **strongly** activates Risk Manager's Critical Parent!

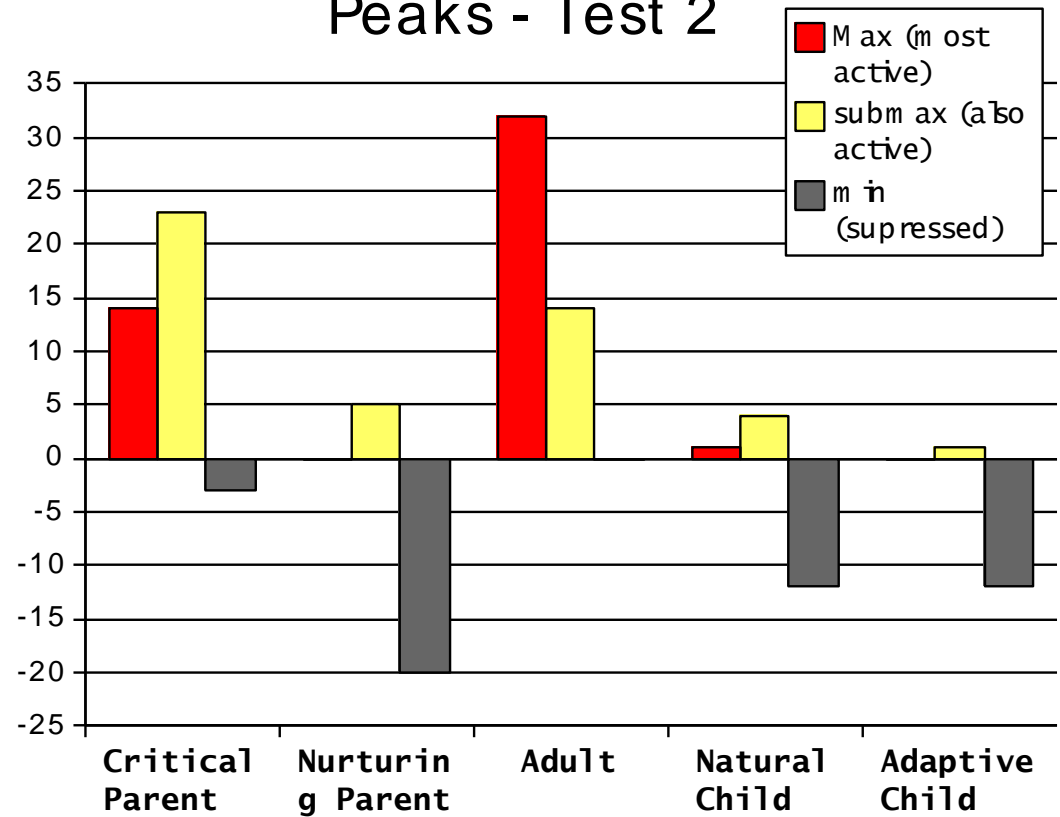
Peaks

- For each personal test, I took peaks – those ego states that showed maximum activity (and, in addition – the second maximum value 'cause it is also interesting)
- ...and the most suppressed ego states (that showed minimum activity)
- And counted quantity of peaks in each ego state
- So, on those graphs there is shown total quantity of persons for whom Critical Parent (or Nurturing Parent, and so on) is dominating

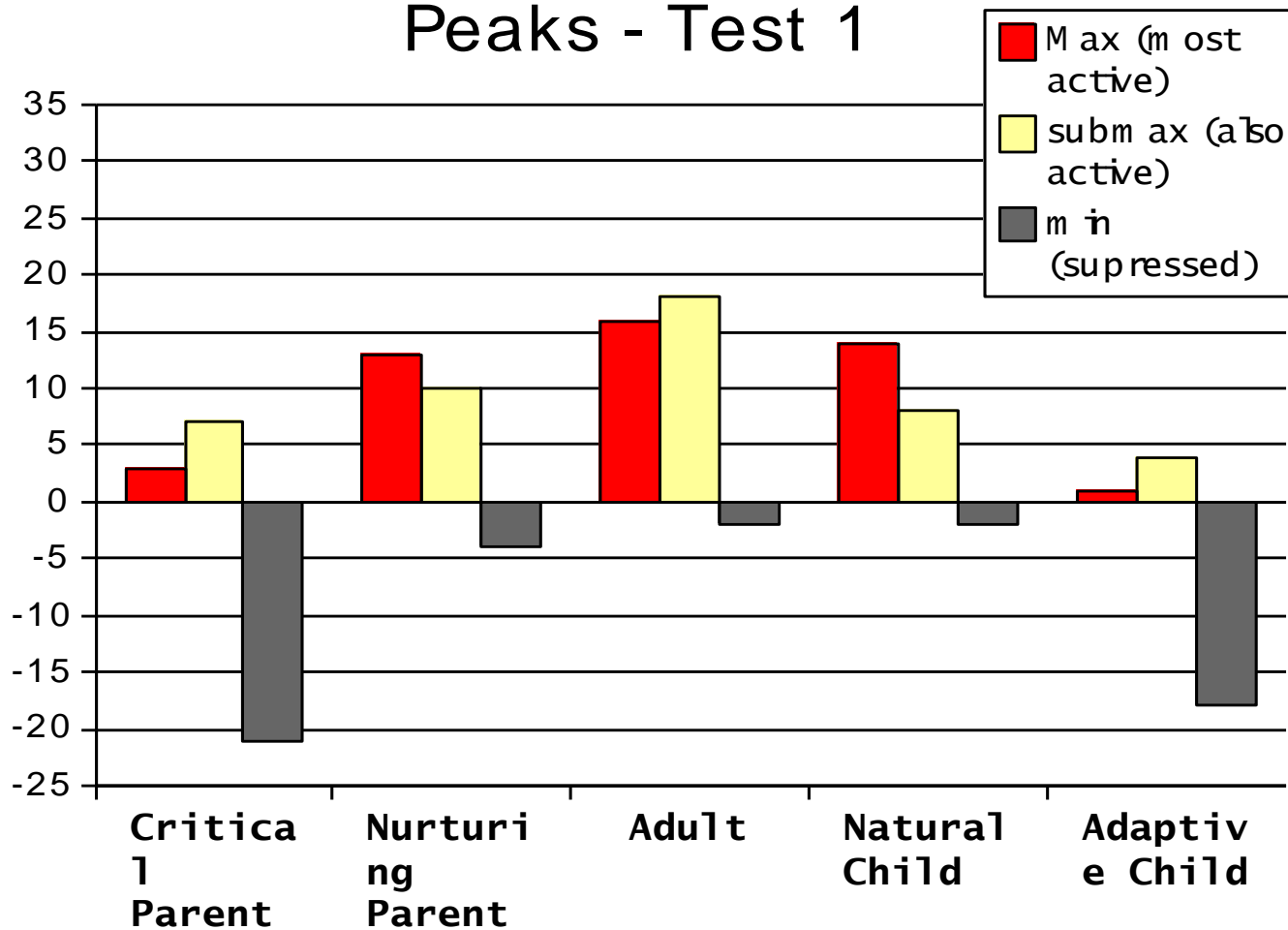
Peaks - Test 1



Peaks - Test 2

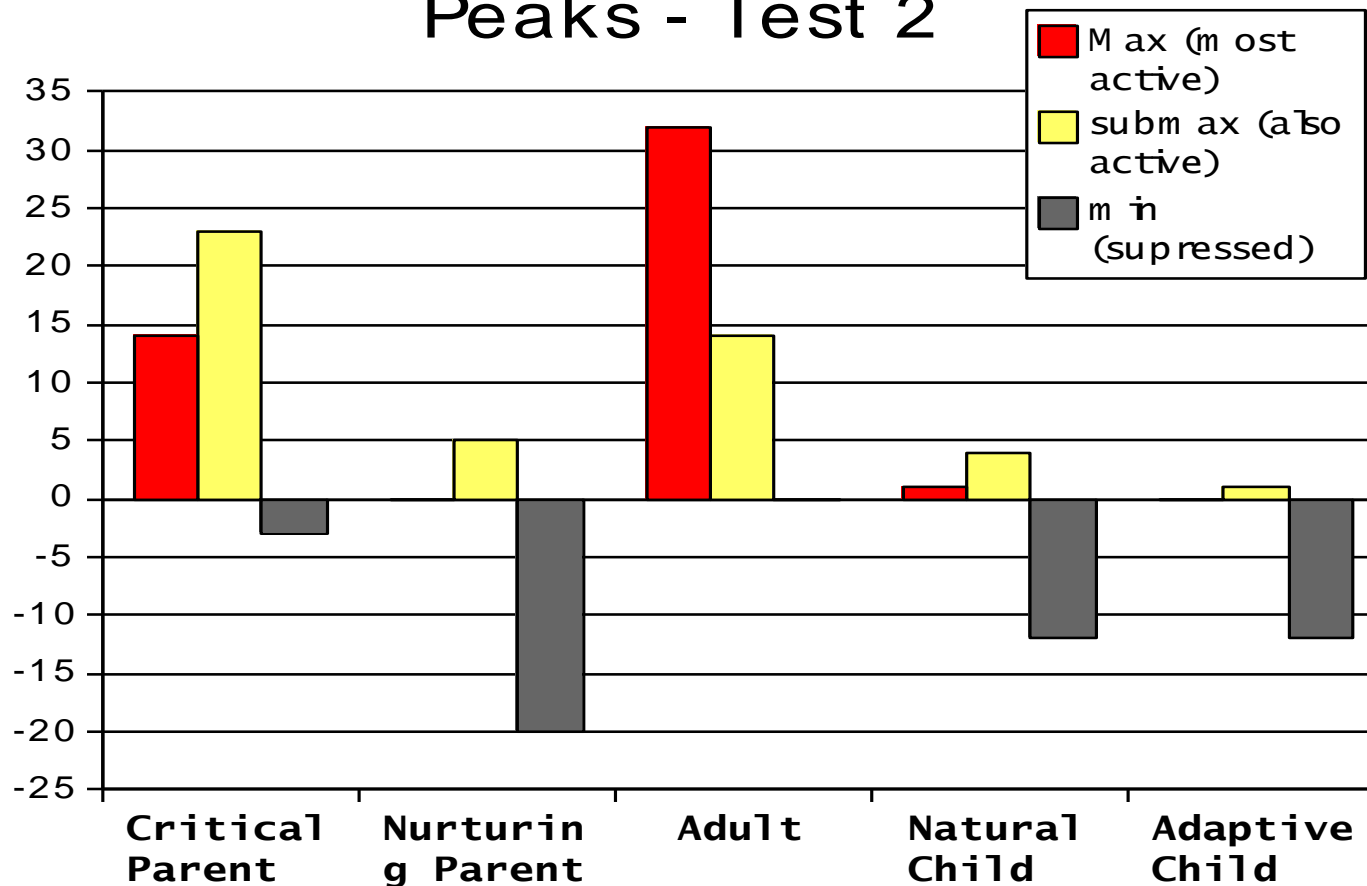


Peaks - Test 1



- Not so obvious peaks – maximum is in Adult, but Nurturing Parent and Natural Child are also active
- It sounds like quite balanced profile
- It is pleasing that Adult (in broad, personal life) dominates (I supposed it will be Critiizing Parent)
- Controlling (Critical) Parent is, surprizingly, suppressed (little maximums and many minimums)
- So does Adaptive Child – Risk Managers do not seem to be very adaptive :-)

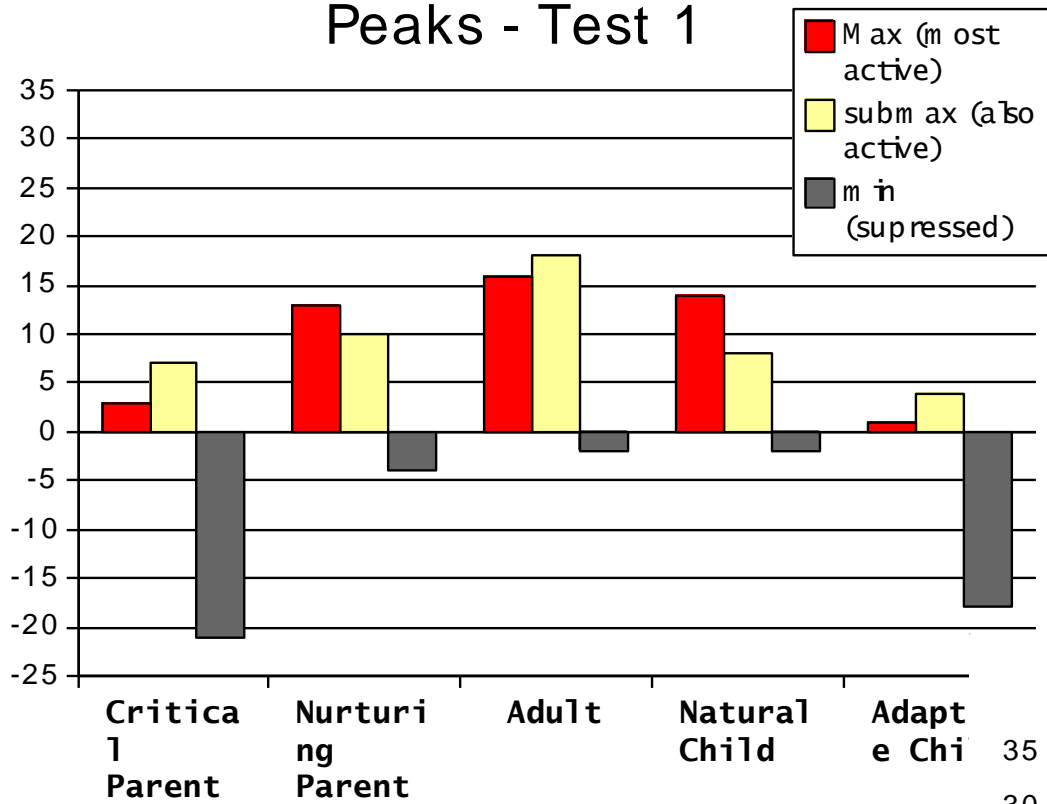
Peaks - Test 2



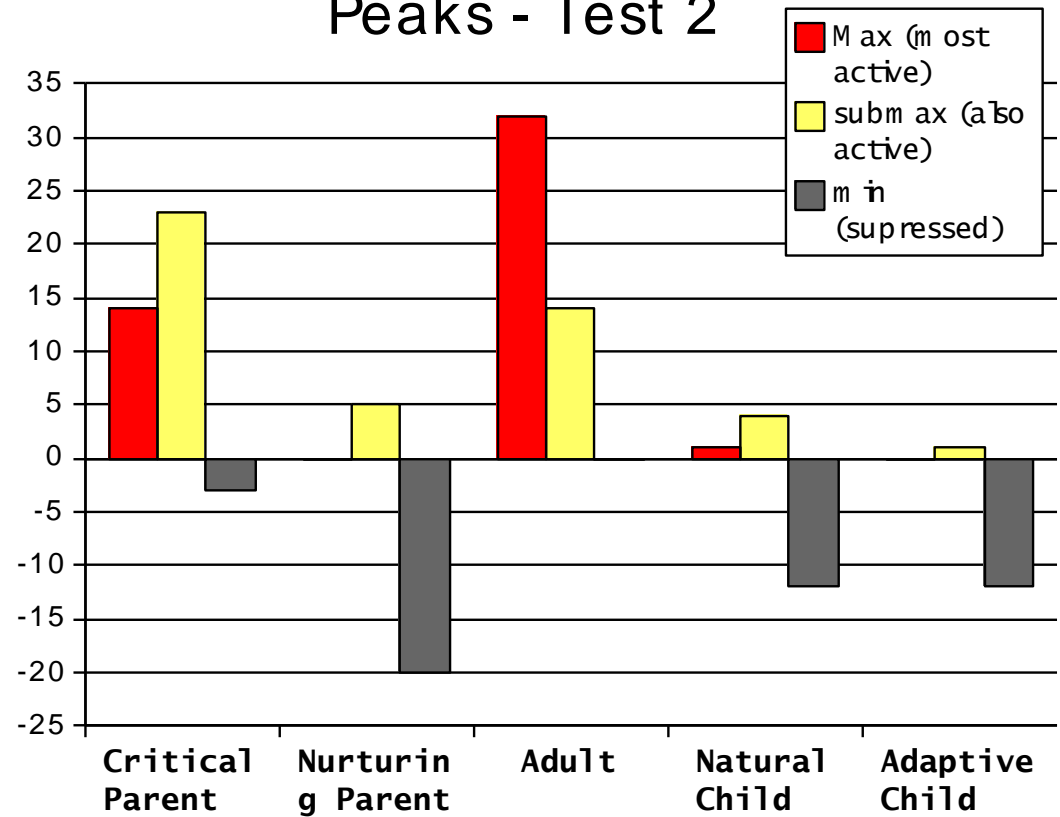
Obvious, dramatic changes:

- Controlling/Criticizing Parent rose MORE THAN 3 TIMES! (and vanished from suppressed position)
- Adult INCREASED ABOUT 2 TIMES! No suppression at all
- Not so good news: Nurturing Parent and Natural Child, who were very well manifested in 'common life' profile, here are the leaders of suppression!
- Adaptive Child became 1,5 times 'not so suppressed'

Peaks - Test 1



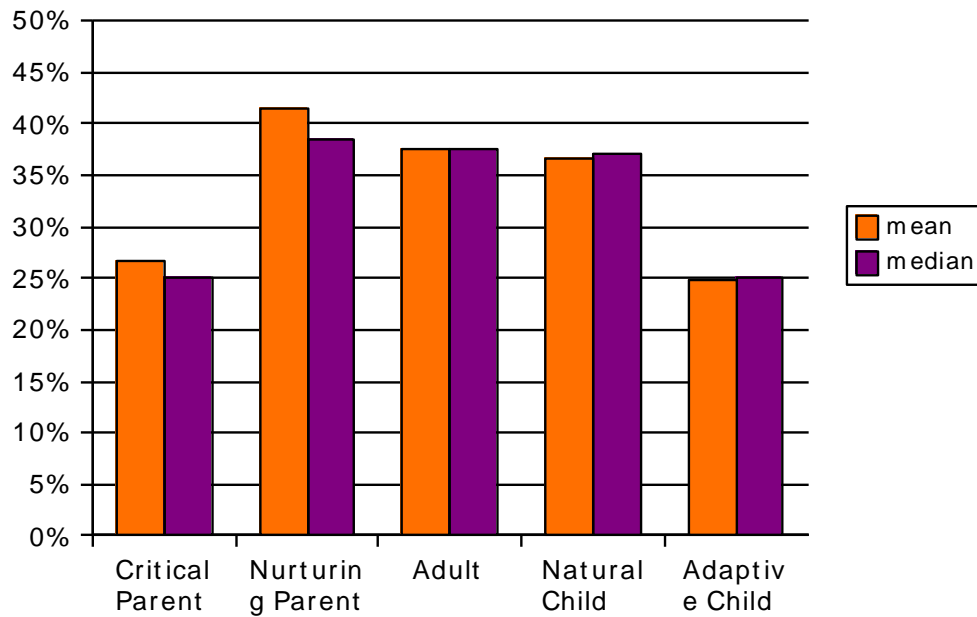
Peaks - Test 2



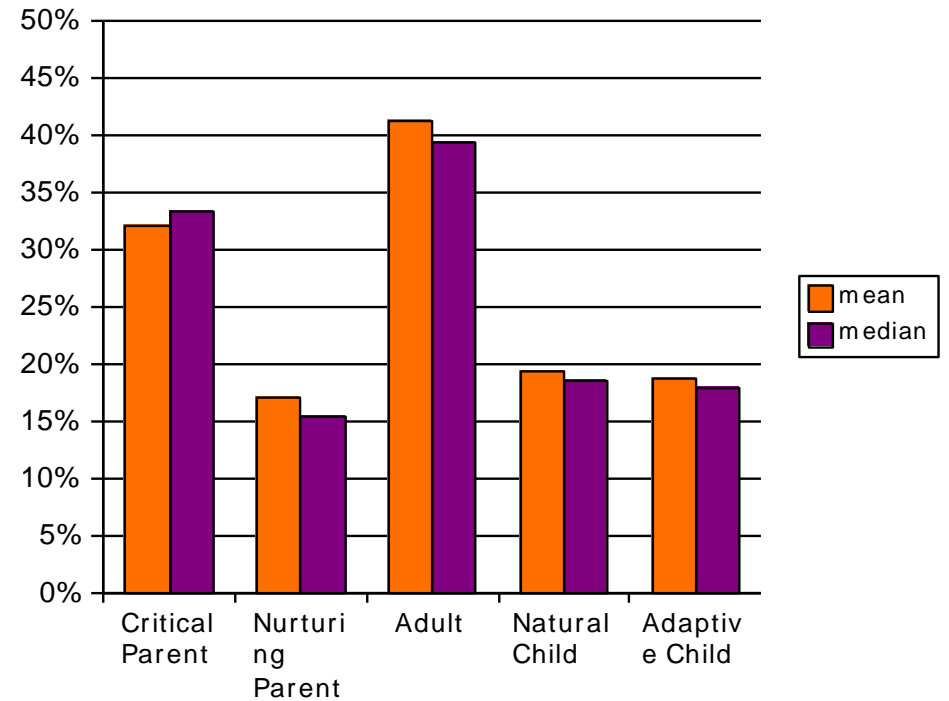
- Another view and way of measurement – mean/median value for activity (energy) of each ego state

- mean and median are sufficiently close

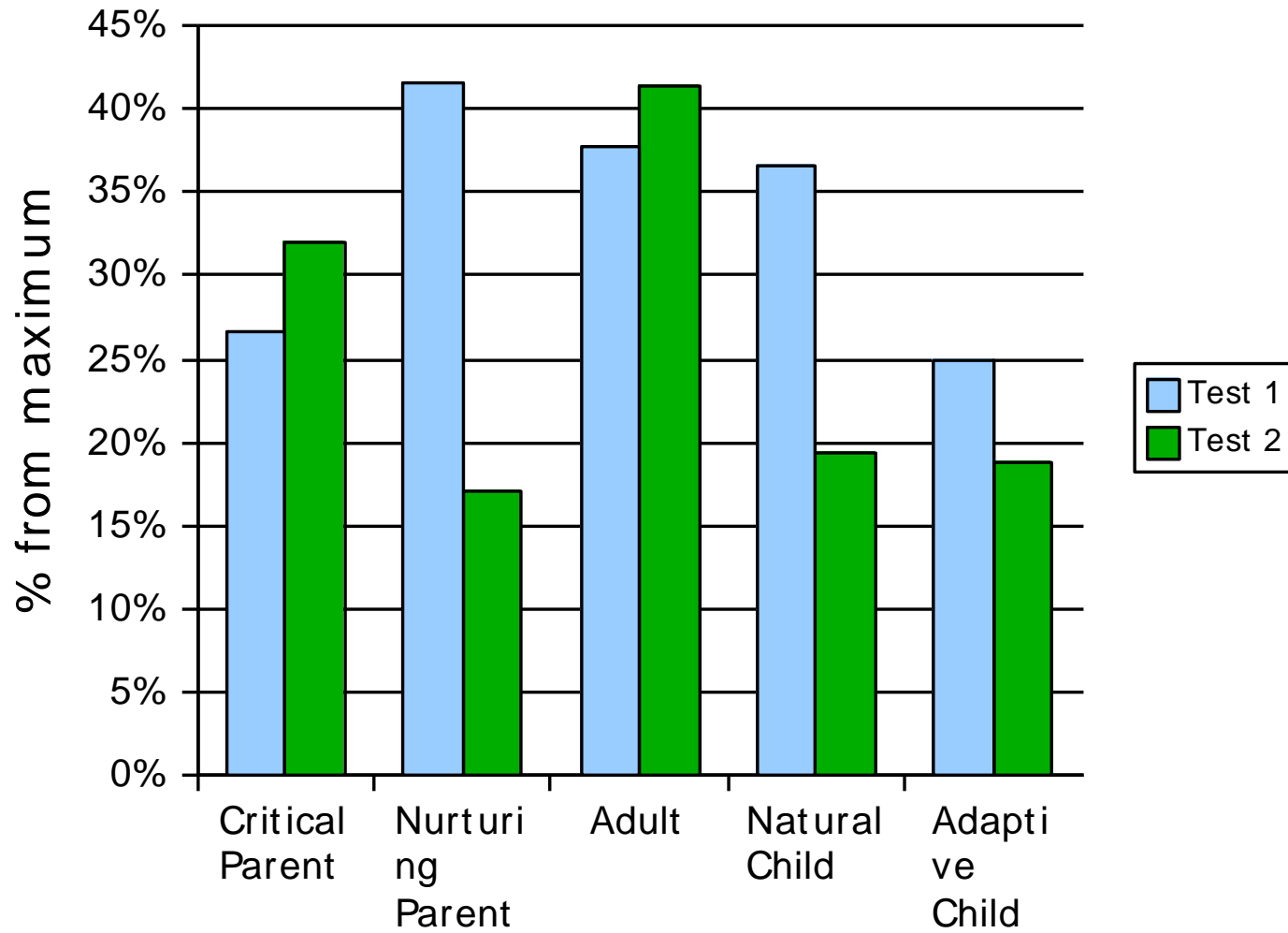
Mean and median -
Test 1



Mean and median - Test 2



"Mean profile" change



MEAN	Test 1	Test 2	Relative Change (% from initial)
Critical Parent	27%	32%	20%
Nurturing Parent	42%	17%	-59%
Adult	38%	41%	10%
Natural Child	37%	19%	-47%
Adaptive Child	25%	19%	-25%

- Ego states that are responsible for freedom, pleasure, care for somebody are **dramatically suppressed**
- One the one side, that is not a surprise – it is a business situation
- But this result is a point to think about - in terms “what is a price for that?” (*see also the next slide*)
- And, on the other side: Natural Child is not only responsible for joy and carefreeness, it is also the source of creativity – this way **we reduce our creative mind**
- And Nurturing Parent who deals with slogan «how to help somebody do what he/she needs without restricting my own needs», who is the source of real partnership, is also fully out of energy – **what partnership between Risk Manager and Trader is possible after that?**

- overall energy – average activity of all ego states
- mean overall energy

	Test 1	Test 2	Relative Change (% from initial)
Energy	34%	26%	-25%

- You see that not only those two ego states - **the overall energy dramatically decreased**
- But psychical energy, like physical, does not just expire nowhere – it *can change form and location*
- WHERE is this psychical energy located after that?
- ...Maybe, it flew to our inner **psychological defenses** mechanism? (remember – mature/immature defences)
- When psychological defenses are highly active, it is stressful situation, and in long term it can be psychologically dangerous

- Reminder: you can write me polina-derivatives@yandex.ru if you have any questions
- ...or can take my business card with links to my professional profile and my music :-)